



MR. FREEZE

Frozen Vegetarian Gourmet Delights

HOLY-LAND MARKETING PVT. LTD



www.holylandgroup.com



FRESH FROZEN GREEN PEAS



100%
Natural

Ready to
Cook

Uniform
Size



- PRESERVATIVE
- ADDED COLOUR
- ADDITIVES

We process with state of the art equipment and technology for preserving the nutritious values and fresh flavours of the green peas. Our green peas are carefully selected so that each pea will give you a taste that is deliciously juicy and fresh.

5 Kg / 1 Kg / 500g / 200g



FROZEN AMERICAN SWEET CORN KERNEL



100%
Natural

Ready to
Cook

Uniform
Size

1 Kg

We process with state of the art equipment and technology for preserving the nutritious values and fresh flavours of the Sweet corn Kernels
Our sweet corn kernels are carefully selected so that each Kernel will give you a taste that is deliciously juicy and fresh.

1 Kg / 500g



FROZEN BABY CORN

Delicious & Tasty



We process with state of the art equipment and technology for preserving the nutritious values and fresh flavours of the Baby Corn. Our baby corn are carefully selected so that each Baby corn will give you a taste that is deliciously juicy and fresh.

500g



FROZEN MIXED VEGETABLES



NO

- PRESERVATIVE
- ADDED COLOUR
- ADDITIVES

We process with state of the art equipment and technology for preserving the nutritious values and fresh flavours of the mixed vegetables. Our mixed vegetables are carefully selected so that each vegetables will give you a taste that is deliciously juicy and fresh.

1 Kg



FROZEN FRENCH FRIES

Crunchy Crispy Tasty

Straight Cut | 9mm



Net Quantity : 2.5 Kg

METHOD OF PREPARATION - DEEP FRY :

- STEP 1**
Preheat the oil in fryer/wok (max. temperature upto 180 degree centigrade).
- STEP 2**
Take the product from the freezer. Fry directly- do not thaw.
- STEP 3**
Put the desired quantity gently in hot oil and deep fry for 3 minutes.
- STEP 4**
Seal & keep the remaining product in the freezer.

BAKE: Preheat Oven to 220°C. Arrange Frozen Product in a single layer on baking tray and bake for 15 minutes until light golden brown.

STORE IN FREEZER
At - 18°C Or Below

COOK WITHOUT THAWING

FRY OR BAKE

Air Frying : Preheat the air fryer to 200°C, Arrange in single layer on frying tray and air fry for 12-15 minutes until light golden colour.
Not suitable for microwave cooking.
Reduce cooking time when cooking smaller quantity.



FROZEN FRENCH FRIES

Crunchy Crispy Tasty

Shoe String | 6 mm



Net Quantity : 2.5 Kg

METHOD OF PREPARATION - DEEP FRY :

STEP 1

Preheat the oil in fryer/wok (max. temperature upto 180 degree centigrade).

STEP 2

Take the product from the freezer. Fry directly-do not thaw.

STEP 3

Put the desired quantity gently in hot oil and deep fry for 3 minutes.

STEP 4

Seal & keep the remaining product in the freezer.

STORE IN FREEZER

At - 18°C Or Below

COOK WITHOUT THAWING

Air Frying : Preheat the air fryer to 200°C, Arrange in single layer on frying tray and air fry for 12-15 minutes until light golden colour.

FRY OR BAKE

Not suitable for microwave cooking. Reduce cooking time when cooking smaller quantity.

BAKE: Preheat Oven to 220°C. Arrange Frozen Product in a single layer on baking tray and bake for 15 minutes until light golden brown.



MR FREEZE[®]

FROZEN VEG SOYA CHAAP

Tasty and Delicious



MR FREEZE[®]

FROZEN VEG SOYA CHAAP

Tasty and Delicious

Ready to Cook

High Protein

- 18°C
Keep Frozen

500 g



NO

- PRESERVATIVE
- ADDED COLOUR
- ADDITIVES

Instructions for use

- Boil the chaap in clean water for about 2 minutes
- Squeeze out water completely
- Fry the chaap in oil until light brown in colour



Add to the readymade gravy and heat

Or



Marinate and grill to have as Tikka

5 kg / 500 g



FROZEN MOMOS

Packed With Taste In Every Bite

Flavor-packed momos made with quality ingredients and frozen fresh to seal in taste and freshness. Easy to cook and perfect for anytime snacking. Enjoy hot, delicious momos in minutes!



Ready to Cook



Ready In 5 Minutes



Keep Frozen



Steam and Fry

Available variants :

Veg Momos : 1.2 Kg

Paneer Momos : 1.2 Kg

Veg Himalayan style Momos : 1.2 Kg

Veg Hot Garlic Momos : 1.2 Kg

Veg Crispy Momos : 1.5 Kg

Paneer Crispy Momos : 1.5 Kg

STORE IN FREEZER

At - 18°C Or Below

DIRECTION FOR USE



Steam

Bring water to a boil in a steamer. Place frozen momos in the steamer basket. Steam for 4-5 minutes or until the outer covering is soft and the filling is heated through.



Deep Fry

Heat oil on medium-high. Fry frozen momos for 4-5 minutes until golden and crisp.



Air Fry

Preheat the air fryer to 180°C. Lightly brush the frozen momos with oil and air fry for 6-10 minutes, shaking the basket halfway, until crisp.



MR. FREEZE®

NEW

VEGETABLE SPRING ROLL

Crunchy Crispy Tasty



METHOD OF PREPARATION - DEEP FRY :

STEP 1

Preheat the oil in fryer/wok (max. temperature upto 180 degree centigrade).

STEP 2

Take the product from the freezer. Fry directly- do not thaw.

STEP 3

Put the desired quantity gently in hot oil and deep fry for 3 minutes.

STEP 4

Seal & keep the remaining product in the freezer.

Net Quantity : 960 g

30 Nos. (Approximate values)

STORE IN FREEZER

At - 18°C Or Below

COOK WITHOUT THAWING

FRY OR BAKE

BAKE: Preheat Oven to 220°C. Arrange Frozen Product in a single layer on baking tray and bake for 15 minutes until light golden brown.

Not suitable for microwave cooking. Reduce cooking time when cooking smaller quantity.



CHILI HERB ALOO TIKKI

Crunchy Crispy Tasty



METHOD OF PREPARATION - DEEP FRY :

STEP 1

Preheat the oil in fryer/wok (max. temperature upto 180 degree centigrade).

STEP 2

Take the product from the freezer. Fry directly- do not thaw.

STEP 3

Put the desired quantity gently in hot oil and deep fry for 3 minutes.

STEP 4

Seal & keep the remaining product in the freezer.

Net Quantity : 1.5 Kg

27 Nos. (Approximate values)

STORE IN
FREEZER

COOK
WITHOUT
THAWING

FRY OR
BAKE

At - 18°C Or Below

BAKE: Preheat Oven to 220°C. Arrange Frozen Product in a single layer on baking tray and bake for 15 minutes until light golden brown.

Not suitable for microwave cooking.
Reduce cooking time when cooking smaller quantity.



VEG BURGER TIKKI

Crunchy Crispy Tasty



(Crunchy! Crispy! Tasty!)

STORE IN FREEZER **COOK WITHOUT THAWING** **FRY OR BAKE** **NET QTY. 20 Nos.**
At - 18°C Below 1.2 Kg

METHOD OF PREPARATION - DEEP FRY :

STEP 1

Preheat the oil in fryer/wok (max. temperature upto 180 degree centigrade).

STEP 2

Take the product from the freezer. Fry directly-do not thaw.

STEP 3

Put the desired quantity gently in hot oil and deep fry for 3 minutes.

STEP 4

Seal & keep the remaining product in the freezer.

Net Quantity : 1.2 Kg

20 Nos. (Approximate values)

STORE IN FREEZER

At - 18°C Or Below

COOK WITHOUT THAWING

FRY OR BAKE

BAKE: Preheat Oven to 220°C. Arrange Frozen Product in a single layer on baking tray and bake for 15 minutes until light golden brown.

Not suitable for microwave cooking.
Reduce cooking time when cooking smaller quantity.



ALOO TIKKI

Crunchy Crispy Tasty



METHOD OF PREPARATION - DEEP FRY :

Net Quantity : 1.5 Kg
37 Nos. (Approximate values)

STEP 1

Preheat the oil in fryer/wok (max. temperature upto 180 degree centigrade).

STEP 2

Take the product from the freezer. Fry directly-do not thaw.

STEP 3

Put the desired quantity gently in hot oil and deep fry for 3 minutes.

STEP 4

Seal & keep the remaining product in the freezer.

**STORE IN
FREEZER**

At - 18°C Or Below

**COOK
WITHOUT
THAWING**

**FRY OR
BAKE**

BAKE: Preheat Oven to 220°C. Arrange Frozen Product in a single layer on baking tray and bake for 15 minutes until light golden brown.

Not suitable for microwave cooking.
Reduce cooking time when cooking smaller quantity.



HARA BHARA KABAB

Crunchy Crispy Tasty



METHOD OF PREPARATION - DEEP FRY :

STEP 1

Preheat the oil in fryer/wok (max. temperature upto 180 degree centigrade).

STEP 2

Take the product from the freezer. Fry directly-do not thaw.

STEP 3

Put the desired quantity gently in hot oil and deep fry for 3 minutes.

STEP 4

Seal & keep the remaining product in the freezer.

Net Quantity : 1 Kg

50 Nos. (Approximate values)

STORE IN
FREEZER

At - 18°C Or Below

COOK
WITHOUT
THAWING

FRY OR
BAKE

BAKE: Preheat Oven to 220°C. Arrange Frozen Product in a single layer on baking tray and bake for 15 minutes until light golden brown.

Not suitable for microwave cooking.
Reduce cooking time when cooking smaller quantity.



VEG SHAMMI KABAB

Crunchy Crispy Tasty



METHOD OF PREPARATION - DEEP FRY :

Net Quantity : 1 Kg

50 Nos. (Approximate values)

STEP 1

Preheat the oil in fryer/wok (max. temperature upto 180 degree centigrade).

STEP 2

Take the product from the freezer. Fry directly-do not thaw.

STEP 3

Put the desired quantity gently in hot oil and deep fry for 3 minutes.

STEP 4

Seal & keep the remaining product in the freezer.

**STORE IN
FREEZER**

At - 18°C Or Below

**COOK
WITHOUT
THAWING**

**FRY OR
BAKE**

BAKE: Preheat Oven to 220°C. Arrange Frozen Product in a single layer on baking tray and bake for 15 minutes until light golden brown.

Not suitable for microwave cooking.
Reduce cooking time when cooking smaller quantity.



CHEESE CORN NUGGETS

Crunchy Crispy Tasty



(Crunchy! Crispy! Tasty!)

COOK
WITHOUT
THAWING

FRY OR
BAKE

NET QTY.
1 Kg

55 Nos.

METHOD OF PREPARATION - DEEP FRY :

STEP 1

Preheat the oil in fryer/wok (max. temperature upto 180 degree centigrade).

STEP 2

Take the product from the freezer. Fry directly- do not thaw.

STEP 3

Put the desired quantity gently in hot oil and deep fry for 3 minutes.

STEP 4

Seal & keep the remaining product in the freezer.

STORE IN
FREEZER

At - 18°C Or Below

COOK
WITHOUT
THAWING

FRY OR
BAKE

Net Quantity : 1 Kg

55 Nos. (Approximate values)

BAKE: Preheat Oven to 220°C. Arrange Frozen Product in a single layer on baking tray and bake for 15 minutes until light golden brown.

Not suitable for microwave cooking.
Reduce cooking time when cooking smaller quantity.



CHEESE MOZZARELLA STICKS

Crunchy Crispy Tasty



METHOD OF PREPARATION - DEEP FRY :

STEP 1

Preheat the oil in fryer/wok (max. temperature upto 180 degree centigrade).

STEP 2

Take the product from the freezer. Fry directly- do not thaw.

STEP 3

Put the desired quantity gently in hot oil and deep fry for 3 minutes.

STEP 4

Seal & keep the remaining product in the freezer.

STORE IN FREEZER

At - 18°C Or Below

COOK WITHOUT THAWING

FRY OR BAKE

Net Quantity : 1 Kg

55 Nos. (Approximate values)

BAKE: Preheat Oven to 220°C. Arrange Frozen Product in a single layer on baking tray and bake for 15 minutes until light golden brown.

Not suitable for microwave cooking.
Reduce cooking time when cooking smaller quantity.



VEGGIE STICKS

Crunchy Crispy Tasty



METHOD OF PREPARATION - DEEP FRY :

STEP 1

Preheat the oil in fryer/wok (max. temperature upto 180 degree centigrade).

STEP 2

Take the product from the freezer. Fry directly-do not thaw.

STEP 3

Put the desired quantity gently in hot oil and deep fry for 3 minutes.

STEP 4

Seal & keep the remaining product in the freezer.

**STORE IN
FREEZER**

At - 18°C Or Below

**COOK
WITHOUT
THAWING**

**FRY OR
BAKE**

Net Quantity : 1 Kg

47 Nos. (Approximate Values)

BAKE: Preheat Oven to 220°C. Arrange Frozen Product in a single layer on baking tray and bake for 15 minutes until light golden brown.

Not suitable for microwave cooking.
Reduce cooking time when cooking smaller quantity.



Schreiber  



Exclusive distribution partner for Haryana, Punjab, Chandigarh, Himachal, J&K

Pizza | Sandwiches & Burger | Appetizers | Wraps

Pack Size : 1 & 2 Kg

**STORE IN
FREEZER**

**Shelf life
12
Months**

At - 18°C Or Below



CHEESE BLOCK

PACK SIZE	STORAGE	SHELF LIFE
1 Kg	0° C to 4° C under hygienic conditions	12 Months

SLICES

PACK SIZE	STORAGE	SHELF LIFE
765 g 51 Slices	0° C to 4° C under hygienic conditions	9 Months



SALTED & UNSALTED
Bakery & Pastry Usage

PACK SIZE	STORAGE	SHELF LIFE
500g.	4° C to 8° C under hygienic conditions	12 Months

Exclusive distribution partner for Haryana, Punjab, Chandigarh, Himachal, J&K

Pizza | Sandwiches & Burger | Appetizers | Wraps



Schreiber  



Exclusive distribution partner for Haryana, Punjab, Chandigarh, Himachal, J&K

Cravies | Sauces | Pastas | Soups | Ganache

Cheesecakes | Frosting | Spreads | Sushi.

PACK SIZE

1ℓ

STORAGE

Store in Clean,
Dry and
Hygienic Place

SHELF LIFE

6
Months

PACK SIZE

1 Kg.

STORAGE

0°C to 4°C
under hygienic
conditions

SHELF LIFE

6
Months



Frozen Lachha Paratha



Pack Size : 1 Kg
(12-13 pcs 8 inch) 80g approx



Frozen Malabar Paratha



Pack Size : 1 Kg
(16-18 pcs 6 inch) 60g approx



MR FREEZE®

**Frozen Vegetarian
Gourmet Delights**

HOLY-LAND MARKETING PVT. LTD

Registered Office :

Unit No. 4F, 4th Floor, Hansalaya Building,
15, Barakhamba Road, New Delhi-110001

Corporate Office :

807-808, 8th Floor, Tower-B, Global Business
Park, MG Road, Gurugram-122002.
Behind : Guru Dronacharya Metro Station.
E-mail : mrfreeze@holylandgroup.com

Distributor centre at :

Delhi , Sonipat, Kolkata, Patna, Ranchi, Mohali, Indore,
Mumbai, Bhubaneswar, Siliguri



www.holylandgroup.com